

# Comforting Your Baby in Intensive Care

**New Multimedia Edition Available free-of-charge  
(iBook\* and pdf formats)**



*Comforting Your Baby in Intensive Care* is a booklet written for parents to help them learn about infant pain and the importance of their role in keeping their baby comfortable

- The evidence-based information can also be useful to health care professionals as a teaching aid to promote parent engagement and family-centered care
- The booklet helps parents learn about:
  - How babies feel pain and how it affects them
  - How to tell if your baby is in pain
  - How to help make a more comfortable environment for your baby
  - Things that you can do to comfort your baby

**\*iBook Versions – English and Spanish:** Open iBooks app on the iPad, tap Store, search title (Comforting Your Baby in Intensive Care or Cómo reconfortar a tu bebé cuando está en cuidados intensivos), download the desired language edition. These iBooks can also be downloaded to a Mac computer with OS XMavericks. *Note: not yet available for iPhone or other tablet devices*

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